

Activities of NPO Agora Music Club

1. Music lessons

For people with disabilities who like music and want to learn music, it may be difficult to receive training at conventional music schools. Agora Music Club offers them many attractive choices, so they can take various trial lessons before selecting a course.

In addition, through concerts, we provide opportunities for people with disabilities to present their music performances.



2. Training for leaders and volunteers

People who are interested in music therapy and who want to work as leaders or volunteers of music activities for those with disabilities can take some training programs in the Agora Music Club.

Lectures can also be arranged by request.



3. Visiting music activity

Most of the Agora Music Club staff members are musicians and can coordinate various concerts. We visit schools, kindergartens, nursing homes, etc. and give performances according to a variety of situations.

Our members with disabilities also play Japanese drums at many events hosted by communities.



4. Music therapy

We coordinate music therapy programs in line with the specific disabilities of our members.

In addition, we visit welfare institutions, vocational facilities and hospitals to plan recreation activities or to provide music therapy.

5. Academic research on the effects of music performance



We pursue research on the effects of performing music.

For example, we record the movement of people with disabilities playing instruments and then analyze those data. In this way we can learn more about their physical character in order to develop methods for their improvement.

It's our hope that in the future, this research may result in a positive impact on the field of music therapy.